

JULIE K. BATES-MAVES, PhD, LPC

The University of Wisconsin-Stout
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EDUCATION

Ph.D., Counselor Education and Supervision
The Pennsylvania State University, 2012
CACREP-accredited

M.S., Rehabilitation Counseling
Concentration: Alcohol and Substance Abuse Counseling
Springfield College, 2007
CORE-accredited

B.A., Psychology
University at Albany (SUNY), 2005
Magna cum Laude

CREDENTIALS

Licensed Professional Counselor (LPC, WI; NO. 5371-125)

TEACHING AWARDS

Outstanding Graduate Faculty Award Winner, The University of Wisconsin-Stout, August 2020

Outstanding Teacher of the Year Award Winner, The University of Wisconsin-Stout, The College of Hospitality, Health, and Human Sciences, May 2018

Outstanding Graduate Faculty Award Nominee, The University of Wisconsin-Stout, August 2017

Outstanding Graduate Faculty Award Nominee, The University of Wisconsin-Stout, August 2016

Outstanding Graduate Teacher of the Year Nominee, The University of Wisconsin-Stout, College of Health and Human Sciences, May 2016

Outstanding Graduate Faculty Award Winner, The University of Wisconsin-Stout, August 2014

Outstanding Graduate Teacher of the Year Award Winner, The University of Wisconsin-Stout, College of Health and Human Sciences, March 2014

Teaching Contributions Award, Rehabilitation and Disability Studies Department, Springfield College, 2009

TEACHING EXPERIENCE

Associate Professor, Clinical Mental Health Counseling, Department of Rehabilitation and Counseling, The University of Wisconsin-Stout, Fall 2016 – present

- Courses taught include: COUN 725 Social and Cultural Issues in Counseling, COUN 752 Group Counseling, COUN 750 Counseling Theory, COUN 788 Counseling Processing Laboratory, COUN 794 Internship; Internship Coordinator for CMHC program (graduate), COUN 793 Practicum, REHAB 715 Research in Rehabilitation and Counseling, COUN 719 Crisis and Trauma Counseling, COUN 722 Advanced Topics in Compulsive Behaviors, COUN 724 Adolescent Substance Use and Abuse, COUN 720 Psychopharmacology, COUN 721 Alcohol and Drug Abuse Treatment Programming

Assistant Professor, Clinical Mental Health Counseling, Department of Rehabilitation and Counseling, The University of Wisconsin-Stout, Spring 2012 - Fall 2016

Instructor, Department of Counselor Education, Counseling Psychology, and Rehabilitation and Human Services, The Pennsylvania State University, Fall 2011

- Instructed RHS 300, Introduction to Rehabilitation and Human Services (undergraduate)

Instructor, Department of Counselor Education, Counseling Psychology, and Rehabilitation and Human Services, The Pennsylvania State University, Summer 2011

- Instructed CN ED 843 Prevention Strategies and Programming, an outreach course for adult learners working towards a certificate in addiction studies.

Co-Instructor, Department of Counselor Education, Counseling Psychology, and Rehabilitation and Human Services, The Pennsylvania State University. Co-taught with Dr. Brandon Hunt, Fall 2010 Semester.

- Co-taught RHS 300 Introduction to Rehabilitation and Human Services (undergraduate)

Adjunct Faculty, Department of Rehabilitation and Disability Studies, Springfield College, Springfield, MA, January 2008 - May 2009

- Instructed RHDS 485 Treatment Methods in Substance Abuse Rehabilitation and RHDS 487 Substance Abuse and Family Treatment (undergraduate/graduate)

Teaching Fellow/Graduate Assistant, Rehabilitation and Disability Studies Department, Springfield College, 2006 - 2007

- Assisted with the instruction and assessment of multiple courses within the Rehabilitation Counseling undergraduate and graduate programs.

PUBLICATIONS

- Bates-Maves, J. K. (2021). *Grief and addiction: Considering grief in the recovery process*. Taylor & Francis: New York.
- Bates-Maves, J. K. & O'Sullivan, D. (2017). Trauma-informed risk assessment in correctional settings. *The International Journal of Criminology and Sociology*, 6, 93-102.
- Bates-Maves, J. K. & O'Sullivan, D. (2017). Making the case for specialized caseloads among VR counselors working with ex-offenders: A pilot study. *Rehabilitation Research, Policy, and Education*, 31(2), 121-134.
- O'Sullivan, D., Watts, A., Xiao, J., Bates-Maves, J. K. (2016). Refusal self-efficacy among Self-Management and Recovery Training (SMART) Recovery peer support members by affiliation length and meeting frequency. *Journal of Addictions and Offenders Counseling*, 37(2), 87-101.
- O'Sullivan, D., Blum, J., Watts, J., & Bates, J. K. (2014). SMART Recovery: Continuing care considerations for rehabilitation counselors. *Rehabilitation Counseling Bulletin*, 58(4), 203-216.
- O'Sullivan, D., & Bates, J. K. (2014). The connection among rehabilitation counselor work and personal qualities: Implications for rehabilitation counselor well-being and service provision practices. *Rehabilitation Research, Policy, and Education*, 28(1), 45-60.
- Bates, J. K., Accordino, M., & Hewes, R., (2010). Functions of marijuana use in college students. *The Journal of College Student Development*, 51(6), 637-648.

COUNSELING AND SUPERVISION EXPERIENCE

- Clinical Supervisor** (contracted), Happy Apple Therapy, September 2018-March 2019
- Clinical Supervisor** (contracted), Mayo Clinic Tobacco Cessation Program, May 2017-July 2018
- Clinical Director & Mental Health Team Member/Facilitator**, Chippewa Valley Emergency Support Service, Spring 2015-current
- Clinical Consultant**, Dunn County Diversion Court, Menomonie, WI, July 2012-March 2015
- Counselor, Post-doctoral Experience**, Stanley Correctional Institution, Stanley, WI, April 2013-September 2013
- Counselor**, Dunn County Diversion Court, Menomonie, WI, March 2013-September 2013
- Counseled one individual on a weekly basis; adhered to WI state statutes Subchapter IV

Counselor/Group Facilitator, Dunn County Judicial Center, Menomonie, WI, September 2012-December 2012

Career Counselor, Bank of America Career Services Center, The Pennsylvania State University, August 2011 – December 2011

Substance Abuse Clinician, Habit OPCO, Inc.

Residential Counselor, Mental Health Association, Springfield, MA, September 2006 – October 2007

SERVICE/PROFESSIONAL ACTIVITIES

Faculty Senate Vice Chair, elected Spring 2017 (2-year term), The University of Wisconsin-Stout

Strategic Planning Group Member, elected Spring 2017 (1-year term), The University of Wisconsin-Stout

Trainer, Stress and Trauma in Law Enforcement (6-hour training), Buffalo and Pepin County Sheriff's Departments, September 21st, 2016

Search Committee Member (Faculty Senate Representative), Library Director Search, Fall 2016

Clinical Director, Chippewa Valley Emergency Support Service, Fall 2016-current

Chair, Dean's Search Committee, College of Education, Hospitality, Health, and Human Sciences, Fall 2015-Spring 2016

Editorial Board Member, *The Wisconsin Counseling Journal*, Summer 2015-current

Faculty Senate Representative, The University of Wisconsin-Stout, elected Spring 2015

Personnel Policies Committee Member, The University of Wisconsin-Stout, Spring 2015-Fall 2016

Mental Health Team Member/Facilitator, Chippewa Valley Emergency Support Service, Spring 2015-current

Board Member for Positive Alternatives, a human service agency serving adolescents and youth in Wisconsin, Spring 2015-May 2019

Obtained professional counseling license (LPC; NO. 5371-125) in Wisconsin, 2014

Lead Author, Laboratory Modification Proposal for \$105,343.00 on behalf of the Clinical Mental Health Counseling, Vocational Rehabilitation, School Psychology, School Counseling, and Marriage and Family Therapy Programs, Fall 2013

- Proposal was selected for funding and the upgrade to the shared lab space was completed in August of 2014

- Coordinated trainings for faculty, staff, and graduate assistants in early August 2014
- Wrote and disseminated brief user guides for faculty, staff, graduate assistant, and student use in mid-August 2014

Completed post-doctoral clinical hours (unpaid) at the Stanley Correctional Institution from April to September 2013

- Provided individual therapy to inmates and worked collaboratively with psychologists, psychiatrists, and social workers

Invited to facilitate a counseling group on Building Empathy and Victim Impact at the Dunn County Judicial Center (pro-bono) between September to December 2013

- Group was attended by 7 inmates in the Dunn County Jail and was co-facilitated by a current CMHC student (now a graduate)

Provided individual counseling to a participant in the Dunn County Diversion Court Program (pro-bono), March 2013 to September 2013

- Conducted weekly 1 hour sessions

Invited to serve (pro-bono) as a clinical consultant for the Dunn County Diversion (drug treatment) Court, July 2012-March 2015

- Provided treatment recommendations for diversion court participants entering recovery from various substances (i.e. alcohol, methamphetamine)
- Diversion court is a collaborative effort between the circuit court judges, law enforcement, and both the district attorney and public defender offices

Invited to provide training on motivational interviewing (a counseling style) to Positive Alternatives, 2013-current

- Develop and complete quarterly staff trainings, each with a duration of 6 hours

Department-Level Service Work:

- Faculty Advisor, Clinical Mental Health Student Association, Fall 2016-present
- Faculty senator, Spring 2015 - present
- Search committee member for graduate faculty position, Summer - Fall 2014
- Search committee member for undergraduate faculty position, Spring 2014-Fall 2014
- Faculty Advisor, Chi Sigma Iota (counseling honor society), Spring 2012 to Spring 2014

Additional College-Level Service Work:

- Personnel Policies Committee CEHHS representative, elected Spring 2015
- CEHHS Governance Council Member, 2013-2015; re-elected Spring 2015 to a second 2-year term
- College of Education, Health, and Human Sciences (CEHHS) Governance Council Chair, Fall 2014-Spring 2015
- Thesis Committee Chair, have served as chair for multiple students in both SPSY and SCOUN programs, in addition to one CMHC student (2014-2017)

- Thesis Committee Memberships, serving as thesis committee member for a Nutrition and Dietetics student (initiated Spring 2016). Previously served a School Counseling student (Summer 2015-Fall 2015), and an Applied Psychology student (Spring 2015-Fall 2015), a School Psychology student (Spring 2015-Fall 2015), and a second School Counseling student (spring 2014-Fall 2014).
- CEHHS Alternate for the Graduate Education Committee, term began spring of 2014 (2 year term)
- Student Disciplinary Committee Member (CEHHS Representative), elected in Spring 2014 to a 2 year term, re-elected in 2018 for another 2 year term
- Reviewer, CEHHS Potential for Excellence Scholarships Committee, Spring 2012 & 2013
- Trainer, Motivational Interviewing Thesis Project, The University of Wisconsin-Stout, Spring 2012
 - Assisted master's psychology student with MI training at medical facility in Hudson, WI

Additional University-Level Service Work:

- Engagement Session Facilitator, Summer 2014, 2015, & 2016
- Presenter/Speaker, MayDay, *Cultural self-inventory: An exercise in self-awareness*, Spring 2013
- Reviewer/Committee Member, Samuel E. Wood Leadership Award, Spring 2013
- Faculty Representative, Mandatory Reporting of Child Abuse Policy Committee, Fall 2012
- Faculty Representative, Memorials for Deceased Students Policy Review Committee, The University of Wisconsin-Stout, Fall 2012
- Committee Member, Chancellor's Coalition on Alcohol and Drugs, Fall 2012 to Spring 2014

Additional Service to the Counseling Profession, UW-Stout, and Community:

- Special Olympics Volunteer, Buckshot Run, Summer 2015
- Eau Claire Fire Department Women's Auxiliary, Co-creator, Summer 2014
- Special Olympics Volunteer, Region 5 Bowling Tournament, Fall 2012 & 2013
- Special Olympics Volunteer, Region 5 Basketball Tournament & Aquatics Competition, Spring 2013
- Reviewer, American Rehabilitation Counseling Association (ARCA) Student Research Forum, January 2013
- Attendee, Chapter Faculty Advisor Training (CSI) held at the ACA National Conference on March, 23, 2013.
- Attendee, The American Counseling Association (ACA) Conference, Cincinnati, OH, March 2013.
- CACREP Board of Directors Application, Submitted application for open position on the board on October 18, 2013.
- Attendee, The Association for Counselor Education and Supervision (ACES) Conference, Denver, CO, October 2013.
- CACREP (Accreditation) Team Member Training, North Central Association for Counselor Education and Supervision Conference, Kansas City, MO, October, 2012
- Member, Women's Mentoring Group, The University of Wisconsin-Stout, joined Spring 2012
- Participant, First Year Faculty Program—New Faculty Sessions, The University of Wisconsin-Stout, Fall 2012-May 2013

- Selected Participant, Infusing Diversity across the Curriculum New Cohort project, The University of Wisconsin-Stout, Summer 2012-Spring 2013
- Participant, New Instructor Workshop, The University of Wisconsin-Stout, Summer 2012
- Attendee, The American Counseling Association Conference, San Francisco, CA, March 2012.

GRANTS

Professional Development Grant Recipient, *Grief and Loss in Addiction: Implications for Treatment*
Submitted for presentation and attendance at the American Counseling Association Conference, in March 2017; awarded \$2,000 in funding

Professional Development Grant Recipient, *Clinical Exposure across the Curriculum, Why Wait?*
Submitted for presentation and attendance at the North Central Association for Counselor Education and Supervision conference in October 2014

Counseling Process and Clinical Services Lab Modification Grant (awarded), Authored lab modification proposal (\$105,343.00) on behalf of CMHC, VR, SPSY, SCOUN, and MFT programs, Fall 2013

Professional Development Grant Proposal Submission, *Facilitating Discussions of Privilege in Counselor Education Programs & SMART Recovery: A Potential Alternative to Traditional 12-Step Approaches for Substance Abuse and Substance Dependence*, to be presented at the American Counseling Association Conference in March 2014

Chi Sigma Iota Chapter Grant Recipient, *Induction Support* (\$200.00) (Iota Sigma Chi Chapter), Chi Sigma Iota International, Spring 2013

Professional Development Grant Recipient, Association for Counselor Education and Supervision Conference Presentation: *Navigating the First Year as a New Faculty Member: What's worked for us, what's been tough, and how we've made it through!* (\$1764.25), The University of Wisconsin-Stout, Spring 2013

Professional Development Grant Recipient, American Counseling Association Conference Presentation: *Working Alliance Efficacy With Clients with Disabilities and Ex-Offender Status: The Impact of Stigma, Burnout, & Flourishing* (\$1304.00), The University of Wisconsin-Stout, Fall 2012

Just In Time Grant Recipient, American Counseling Association Conference Demonstration: *Applying Relational-Cultural Theory to Women with Addictions: Reconnecting with the Self and Others* (\$700.00), The University of Wisconsin-Stout, Spring 2012

CONFERENCE PRESENTATIONS

- Bates-Maves, J. K. *Trauma and its Impact on the Brain and Body*. The Trauma Care Beyond the Continuum Conference, Verona, WI, December 5, 2019
- Wolf, M. & Bates-Maves, J. K. *Music and Mental Health: Building a Strong Foundation for Early Learners*, National Association for the Education of Young Children (NAEYC), Nashville, TN, November 20-23, 2019
- Bates-Maves, J. K. *How Trauma Affects the Brain and Psyche*, 2019 Acute Care and Emergency Symposium, Eau Claire, WI, October 24, 2019
- Bates-Maves, J. K. *Trauma and the Brain*, 2019 Northwest Wisconsin ENA (Emergency Nursing Association) Symposium, Eau Claire, WI, March 14, 2019
- Kramschuster, K., & Bates-Maves, J. K. *Childhood Trauma and Bibliotherapy for K-12 Students*, Wisconsin Educational Media & Technology Association (WEMTA) Conference, Wisconsin Dells, WI, April 1, 2019
- Wolf, M., & Bates-Maves, J. K. *Music and Mental Health in Early Learners*, The Early Childhood Education Conference at UW-Stout, April 2019
- Wolf, M., & Bates-Maves, J. K. *Infant and Toddler Mental Health and the Impact of Music*, Wisconsin Alliance for Infant Mental Health Conference, Elkhart Lake, WI, June 2018
- Wolf, M., & Bates-Maves, J. K. *Music and Mental Health: Building a Strong Foundation for Early Learners*, The Early Childhood Education Conference at UW-Stout, April 2018
- Bates-Maves, J. K. *Grief and Loss in Recovery: Connecting the Dots*. Invited 3-hour Education Session at the Addiction Studies Institute, Columbus, OH, August 5, 2017
- Bates-Maves, J. K. *Infant & Toddler Mental Health: The Impact of Life, Trauma, and What to Look for in Early Childhood*. Invited Keynote Presentation at The Early Childhood Education Conference at UW-Stout, April 2017
- Bates-Maves, J. K. & Kramschuster, K. *Childhood Trauma and Bibliotherapy: Using Books to Talk with Kids about Hard Things*. Invited Presentation at The Early Childhood Education Conference at UW-Stout, April 2017
- Bates-Maves, J. K. *Grief and Loss in Addiction: Implications for Treatment*. 90-minute education session to be presented at The American Counseling Association Conference, March 2017
- Bates-Maves, J. K. *Processes of Grief in the Addiction Recovery Process*. 90-minute invited education session to be presented at the International Association of Rehabilitation Professionals (IARP, Wisconsin Chapter) Conference, December 2016

- Bates, J. K. & Klem, J. *Clinical Exposure Across the Curriculum: Why Wait?* 50-minute roundtable session at the North Central Association for Counselor Education and Supervision Conference, October 17, 2014
- Brown, D. R., Klem, J., & Bates, J. K. *CACREP Accreditation: Developing Learning Outcomes and Program Objectives*. Poster Presentation at the North Central Association for Counselor Education and Supervision Conference, October 16, 2014
- Carter, G., & Bates, J. K. *Diversity in the Everyday Lived Experiences: A Curriculum Model for Undergraduate and Graduate Students*. 50-minute breakout session at the 2014 Midwest Culturally Inclusive Conference at the University of Wisconsin-Platteville, October 3, 2014
- Bates, J. K. *Facilitating Discussions of Privilege in Counselor Education Programs: A Review*. Poster Presentation, The American Counseling Association Conference, March 28, 2014
- Bates, J. K. *SMART Recovery: A Potential Alternative to Traditional 12-Step Approaches for Substance Abuse and Substance Dependence*. Poster Presentation, The American Counseling Association Conference, March 29, 2014
- Bates, J. K. *Gender and Sexism: Considerations for the Counseling Process*. 50-minute education session at the Wisconsin Counseling Association Summit, November 2, 2013
- Klem, J., & Bates, J. K. *Clinical Exposure Across the Curriculum: Why Wait?* 50-minute education session at the Association for Counselor Education and Supervision Conference, October 19, 2013
- Bates, J. K., Sharp, J., & Roe, S. *Navigating the first year as a new faculty member: What's worked for us, what's been tough, and how we've made it through!* 50-minute education session at the Association for Counselor Education and Supervision Conference, October 18, 2013
- Bates, J. K. *Predictors of working alliance efficacy among state VR counselors as a function of ex-offender status*. Poster presentation, The American Counseling Association, March 22, 2013
- Bates, J. K. & O'Sullivan, D., *Predicting working alliance efficacy: The impact of double stigma on ex-offenders with disabilities*. Poster presentation, The National Council on Rehabilitation Education, April 18, 2013
- Bates, J. K. *Applying Relational-cultural theory to women with addictions: Reconnecting with the self and others*. Counseling demonstration (90-minute session), American Counseling Association Conference, March 24, 2012
- Bates, J. K. *Suicide and Substance Abuse in Veterans: Examining the Connection through Literature Review*. Poster presentation, American Counseling Association Conference, March 23, 2012
- Bates, J. K., & Hunt, B. *Grief and loss in addiction: What counselors need to know to help clients cope*. Education Session (90 minutes), American Counseling Association Conference, March 26, 2011

- Bates, J. K. *Suicide and substance abuse in veterans: Examining the connection through literature review*. Poster presentation, National Council on Rehabilitation Education Conference, April 7, 2011
- Tamez, M., & Bates, J. K. *TBI and substance abuse in veterans: Review of literature and implications for practice*. Poster presentation, National Council on Rehabilitation Education Conference, April 7, 2011
- Bates, J. K. *Substance abuse in family systems: Roles and rules that serve to protect and isolate*. Education Session (2 hours), The Pennsylvania Counseling Association Conference, October 16, 2010
- Bates, J. K., Accordino, M., & Hewes, R., (2010). *Functions of marijuana use in college students*. Poster Presentation, National Council on Rehabilitation Education Conference, April 7, 2010
- O'Sullivan, D., & Bates, J.K. *The relationship among education, attributional causes, and stigmatizing tendencies: Examining strategies to reduce the most stigmatized disabilities*. Poster Presentation, National Council on Rehabilitation Education Conference, April 7, 2010

GUEST LECTURES

- Bates, J. K. Opiates and Addiction Treatment Methods. Guest Lecturer, REHAB 320, Rehabilitation and Chemical Dependency, April 15, 2018.
- Bates, J. K. Opiates and Addiction Treatment Methods. Guest Lecturer, REHAB 320, Rehabilitation and Chemical Dependency, October 15, 2017.
- Bates-Maves, J. K. Methadone treatment as a response to opioid addiction. Guest Lecturer, REHAB 320, Rehabilitation and Chemical Dependency, October 4, 2016.
- Bates-Maves, J. K. Methadone maintenance. Guest Lecturer, REHAB 320, Rehabilitation and Chemical Dependency, October 4, 2015.
- Bates-Maves, J. K. Suicide and Lethality Assessments. Guest Lecturer, COUN 788, Counseling Process Laboratory, June 12, 2015.
- Bates-Maves, J. K. Suicide and Lethality Assessments. Guest Lecturer, COUN 788, Counseling Process Laboratory, February 20, 2015.
- Bates-Maves, J. K. Communication Skills. Guest Lecturer, COUN 788, Counseling Process Laboratory, February 6, 2015.

- Bates, J. K. Opiates and Addiction Treatment Methods. Guest Lecturer, REHAB 320, Rehabilitation and Chemical Dependency, October 15, 2014.
- Bates, J. K. Methadone maintenance. Guest Lecturer, REHAB 320, Rehabilitation and Chemical Dependency, October 23, 2013.
- Bates, J. K. Methadone maintenance. Guest Lecturer, COUN 723, Psychopathology: Assessment and Treatment Planning, October 1, 2013.
- Bates, J. K. Adult children of alcoholics/children of substance abusers: Characteristics & roles. Guest Lecturer, Kinesiology 445, Alcohol and Drug Education on September 15, 2011
- Bates, J. K. Opiates and stimulants: Routes of administration, physical and psychological consequences. Guest lecturer, Kinesiology 445, Alcohol and Drug Education on February 14, 2011
- Bates, J. K. Refugees, homeless populations, and self-care. Guest lecturer, RHS 300, Introduction to Rehabilitation and Human Services on November 1, 2010
- Bates, J. K. Substance abuse in family systems: Roles and Rules that govern addictive families. Guest lecturer, RHS 197A on October 11, 2010
- Bates, J. K. Methamphetamine. Guest lecturer, RHS 197A on October 18, 2010
- Bates, J. K. Heroin, cocaine, and methamphetamine: Short and long-term effects. Guest lecturer, Kinesiology 445, Alcohol and Drug Education on March 17, 2010
- Bates, J. K. Opiates, Stimulants, Hallucinogens, & Depressants: How and why would someone use drugs? Guest lecturer, Kinesiology 445, Alcohol and Drug Education on September 9, 2010

CONTINUING EDUCATION

- American Red Cross Disaster Mental Health Fundamentals Training*, American Counseling Association/Red Cross, March 16, 2017
- The Ethics of Touch in Child Psychotherapy & Play Therapy*: PESI Healthcare Webinar, completed on March 11, 2016.
- The Ethics in End-of-Life Decisions*: PESI Healthcare Webinar, completed on March 13, 2016.
- Trauma, PTSD, and Traumatic Grief*: PESI Healthcare Webinar, completed on March 14, 2016.
- Integrative Treatment for Mental Illness*, Wisconsin Public Psychiatry Network Teleconference Series, participated on August 28, 2015.

Treating Challenging Kids: The Collaborative Problem Solving Approach, Wisconsin Public Psychiatry Network Teleconference Series, participated on August 14, 2015.

Non-Suicidal Self-Injury (NSSI) and Suicide, Wisconsin Public Psychiatry Network Teleconference Series, participated on July 31, 2015.

Mindfulness Meditation and the Dance for Wellness – An Effective Strategy for Both the Therapists and Their Clients, Wisconsin Public Psychiatry Network Teleconference Series, participated on July 17, 2015.

The Body Keeps the Score, The American Counseling Association Webinar, participated on July 11, 2015.

Behavioral Activation for Treating Depression, Wisconsin Public Psychiatry Network Teleconference Series, participated on June 19, 2015.

Easing the Invisible Burden: Combat Veterans, Guilt, and the Struggle for Reintegration, Wisconsin Public Psychiatry Network Teleconference Series, participated on June 5, 2015.

Challenges in Treating Trauma: One Size Does Not Fit All, Wisconsin Public Psychiatry Network Teleconference Series, participated on May 22, 2015.

Co-Occurring Disorders, Wisconsin Public Psychiatry Network Teleconference Series, participated on May 8, 2015.

Working with People with Borderline Personality Disorder, Wisconsin Public Psychiatry Network Teleconference Series, participated on April 24, 2015.

Older Adults and Mental Health, Wisconsin Public Psychiatry Network Teleconference Series, participated on April 10, 2015.

How to Engage and Activate People in the Change Process, Wisconsin Public Psychiatry Network Teleconference Series, participated on March 27, 2015.

CBT for Social Phobia in Adolescents, Wisconsin Public Psychiatry Network Teleconference Series, participated on March 13, 2015.

DSM-5: Criticisms and Challenges, Wisconsin Public Psychiatry Network Teleconference Series, participated on February 27, 2015.

Interpersonal and Social Rhythm Therapy, Wisconsin Public Psychiatry Network Teleconference Series, participated on February 13, 2015.

Motivational Interviewing, Part II, Wisconsin Public Psychiatry Network Teleconference Series, participated on January 30, 2015.

Brain-Based Self-Acceptance Strategies for Addressing Trauma, Guilt and Shame. PESI Healthcare, attended on January 19, 2015.

Motivational Interviewing, Part I. Wisconsin Public Psychiatry Network Teleconference Series, participated on January 16, 2015.

Diagnosis with the DSM 5 and ICD. Presented at the Association for Counselor Education and Supervision (ACES) conference, attended on October 17, 2013.

Motivational Interviewing in Conduct and Counseling, presented by Dr. Debra Murray (Viterbo University), UW-Stout, attended on September 4, 2013.

Using the DSM-5 for Revolutionizing Diagnosis & Treatment, CMI Education Institute, attended on July 11, 2013.

Personality Disorders: The Challenges of the Hidden Agenda. CMI Education Institute, attended on March 26, 2013.

RELATED WORK EXPERIENCE

Undergraduate Academic Advisor, Department of Counselor Education, Counseling Psychology, and Rehabilitation and Human Services, Penn State University, 2009 – 2011.

Tutor, Springfield College Writing Center, Springfield, MA, September 2006 – August 2007.

Athletic Tutor, University at Albany (SUNY) Athletic Department, Albany, NY, September 2004 – May 2005.

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)

ADDITIONAL AWARDS AND HONORS

Wisconsin Public Radio

- Invited Guest, Wisconsin Public Radio (WPR). *The West Side with Rich Kremer: Addiction and Treatment*, May 16, 2016

American Counseling Association

- Counseling Today, *Facing the Specter of Client Suicide* (October 2015 Issue), interviewed for cover story
- Counseling Today, *Hidden in Plain Sight* (February 2015 Issue), interviewed for cover story
- Counseling Today, *Don't Turn Away* (June 2011 Issue), interviewed for cover story

American Rehabilitation Counseling Association

- Award Winner, American Rehabilitation Counseling Association (ARCA) Student Paper Forum, Spring 2010

Springfield College

- Academic Accomplishment Award, Rehabilitation and Disability Studies Department, Springfield College, 2006 & 2007